

Workshop Topics

Workshop 1: Positive Parenting

- Overview of Workshop Series
- Practical Tools for Positive Parenting
- Introducing the 40 Developmental Assets for Youth™
- Identify Parent Strengths and How to be a Resource for Each Other

Workshop 2: Creating Confident Kids

- Practical Tools for Building Competent, Confident and Caring Children
 - The Three Parts of Self-Esteem
 - The Parent's Role: Support, Nurture, Structure

Workshop 3: Communication that Works

- Clear Communication and Active Listening
 - Establishing Clear Expectations
 - Hearing Children's Feelings

Workshop 4: Boundaries and Behaviors

- Avoiding Power Struggles
- Common Obstacles All Parents Face
 - Consistency and Self-control

Workshop 5: The Discipline Difference

- The Difference Between Discipline and Punishment
 - Natural and Logical Consequences
- Consistent Follow-Through: Enforcing the Consequences

Workshop 6: What Children & Teens Need to Succeed

- The Four Styles of Parenting
- Parent Involvement is the Key
- Building Assets is Everyone's Responsibility

Workshop 7: Parents Involved for Academic Success

- Parent Contributions to Student Success
 - Every Parent Can Build Reading Power
- Tools for Talking, Reading, and Connecting to School
 - Parent Pledge for Academic Success

Workshop 8: Graduation

- Parents Presenting to Guests
 - Parent Graduation